

Ceres Café

Almost 100% of our ingredients are organic and sustainably raised, and are locally sourced whenever possible.

FOOD THAT'S GOOD...FOR PEOPLE, PLANET & PALATE

Sandwiches

Sunny Beet Burger •GF upon request	\$9.25
served warm on seeded whole wheat bread with mixed greens, tomato & Green Goddess* dressing	
Sunny Beet Burger Wrap	\$9.25
served warm with mixed greens, red onions, melted cheddar cheese & Green Goddess* dressing	
Chicken & Kale Pesto Panini •DF •GF upon request	\$10.75
served warm on a rustic wheat roll with mixed greens, grilled peppers, caramelized onions & Fontina cheese	
Tuscan Kale Wrap •DF upon request	\$6.75
hummus*, Tuscan kale salad	
* add lemon roasted chicken or marinated tempeh	\$3.00
Ceres Quesadilla	\$7.50
kale pesto*, roasted red peppers, caramelized onions & melted cheddar cheese served with Pico de Gallo salsa* & sour cream	
* add lemon roasted chicken or marinated tempeh	\$3.00
Roasted Veggie Sandwich •GF upon request	\$9.25
Trumpet Royale™ mushrooms, red peppers, onions, & other seasonal vegetables on a rustic wheat roll with sun-dried tomato pesto*, goat cheese spread & mixed greens	
* add lemon roasted chicken or marinated tempeh	\$3.00
Niçoise Tuna Wrap •DF	\$9.25
line-caught tuna salad with lemon zest, mixed greens, capers & tomatoes	
Tuna Melt •GF upon request	\$8.75
slice of toasted seeded whole wheat bread, Niçoise tuna salad, tomato & melted fontina cheese, with side salad, choice of Dijon vinaigrette* or Green Goddess* dressing	

Salad & Soups

Garden Salad •GF •DF	\$6.50
mixed greens, seasonal vegetables, choice of Dijon vinaigrette* or Green Goddess* dressing	
* add lemon roasted chicken or marinated tempeh	\$3.00
Tuscan Kale Entrée Salad •GF •DF upon request	\$6.50
with lemon, olive oil, garlic croutons & Pecorino cheese	
* add lemon roasted chicken or marinated tempeh	\$3.00
Sunny Beet Burger Salad •GF	\$9.00
served warm with mixed greens, seasonal vegetables, warm beet burger patty, Green Goddess* dressing	
Niçoise Tuna Salad Plate •GF •DF	\$11.50
line-caught tuna & potato salads, roasted red peppers, marinated artichoke hearts, Kalamata olives, hardboiled egg, caramelized onions, mixed greens & Dijon vinaigrette*	
Salad Sampler Plate	\$10.25
your choice of three: Tuscan kale salad, Niçoise potato salad, Niçoise tuna salad, garden salad, warmed half Sunny Beet Burger	
Frittata of the Day	\$8.75
with beet ketchup*, side salad & choice of Dijon vinaigrette* or Green Goddess* dressing	
Soup of the Day	cup \$3.75 bowl \$6.75
served with bread & butter	

GF = gluten free DF = dairy free * = house-made

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Breakfast & Pastries

Frittata of the Day \$8.75
with beet ketchup*, side salad & choice of Dijon vinaigrette* or Green Goddess* dressing

We offer a changing selection of house-made muffins, breakfast pastries, cookies and sweets. All are whole grain and lightly sweetened with minimally-processed, all-natural sweeteners.

Scones \$2.75
Muffins \$2.25
Cookies \$1.75

Drinks

	12 oz	16 oz
Smoothie of the Day		\$5.75
Iced tea*		\$1.50
no caffeine, unsweetened		
Iced chai*		\$3.75
Chai latte*	\$3.75	\$4.50
Hot tea		\$1.50

SEE CASE FOR OTHER OPTIONS

Coffee

BELLA ROSA COFFEE COMPANY Organic • Fair Trade

Regular & Decaf Available	12 oz	16 oz
Drip	\$2.00	\$2.50
Americano	\$2.50	
Latte	\$3.50	\$4.00
Mocha	\$4.00	\$4.75
with house-made chocolate syrup		
Extra Shots		\$0.50
Milk (whole, 2%, non-fat), almond milk or coconut milk		

MONDAY TO FRIDAY FROM 8 AM TO 2 PM
ORDER BY PHONE FOR PICK UP 707-829-5833 EXT. 340

View our menu online at www.ceresproject.org/Cafe

Questions? Contact Cole at cole@ceresproject.org

Address: 2447 SUMMERFIELD RD., SANTA ROSA, CA 95405

Our Organic Local Suppliers

Clover Sonoma
Gourmet Mushrooms
Alive and Healing
Straus Family Creamery
Bella Rosa Coffee
Red Bird Bakery

Petaluma
Sebastopol
Windsor
Petaluma
Santa Rosa
Santa Rosa

eggs • D
mushrooms • D
tempeh
dairy • D
coffee
artisan bread



Eat REAL® is the trusted, nationally-recognized mark of excellence for food and food service operators committed to holistic nutrition and environmental stewardship.

D = donated