

Ceres Café

Almost 100% of our ingredients are organic and sustainably raised, and are locally sourced whenever possible.

FOOD THAT'S GOOD...FOR PEOPLE, PLANET & PALATE

Sandwiches

- Sunny Beet Burger •GF** upon request \$9.25
served warm on seeded whole wheat bread with mixed greens, tomato & Green Goddess* dressing
- Sunny Beet Burger Wrap** \$9.25
served warm with mixed greens, red onions, melted cheddar cheese & Green Goddess* dressing
- Chicken & Kale Pesto Panini •DF •GF** upon request \$10.75
served warm on a rustic wheat roll with mixed greens, grilled peppers, caramelized onions & Fontina cheese
- Tuscan Kale Wrap •DF** upon request \$6.75
hummus*, Tuscan kale salad
* add lemon roasted chicken or marinated tempeh \$3.00
- Ceres Quesadilla** \$7.50
kale pesto*, roasted red peppers, caramelized onions & melted cheddar cheese
served with Pico de Gallo salsa* & sour cream
* add lemon roasted chicken or marinated tempeh \$3.00
- Roasted Veggie Sandwich •GF** upon request \$9.25
Trumpet Royale™ mushrooms, red peppers, onions, & other seasonal vegetables on a rustic wheat roll
with sun-dried tomato pesto*, goat cheese spread & mixed greens
* add lemon roasted chicken or marinated tempeh \$3.00
- Niçoise Tuna Wrap •DF** \$9.25
line-caught tuna salad with lemon zest, mixed greens, capers & tomatoes
- Tuna Melt •GF** upon request \$8.75
slice of toasted seeded whole wheat bread, Niçoise tuna salad, tomato & melted fontina cheese, with side salad,
choice of Dijon vinaigrette* or Green Goddess* dressing

Salad & Soups

- Garden Salad •GF •DF** \$6.50
mixed greens, seasonal vegetables, choice of Dijon vinaigrette* or Green Goddess* dressing
* add lemon roasted chicken or marinated tempeh \$3.00
- Tuscan Kale Entrée Salad •GF •DF** upon request
with lemon, olive oil, garlic croutons & Pecorino cheese \$6.50
* add lemon roasted chicken or marinated tempeh \$3.00
- Sunny Beet Burger Salad •GF** \$9.00
served warm with mixed greens, seasonal vegetables, warm beet burger patty, Green Goddess* dressing
- Niçoise Tuna Salad Plate •GF •DF** \$11.50
line-caught tuna & potato salads, roasted red peppers, marinated artichoke hearts, Kalamata olives, hardboiled
egg, caramelized onions, mixed greens & Dijon vinaigrette*
- Salad Sampler Plate** \$10.25
your choice of three: Tuscan kale salad, Niçoise potato salad, Niçoise tuna salad, garden salad, warmed half Sunny
Beet Burger
- Frittata of the Day** \$8.75
with beet ketchup*, side salad & choice of Dijon vinaigrette* or Green Goddess* dressing
- Soup of the Day** cup \$3.75 bowl \$6.75
served with bread & butter

Breakfast & Pastries

Frittata of the Day \$8.75
with beet ketchup*, side salad & choice of Dijon vinaigrette* or Green Goddess* dressing

We offer a changing selection of house-made muffins, breakfast pastries, cookies and sweets.
All are whole grain and lightly sweetened with minimally-processed, all-natural sweeteners.

Scones \$2.75

Muffins \$2.25

Cookies \$1.75

Drinks

	12 oz	16 oz
Smoothie of the Day		\$5.75

Iced tea*		\$1.50
no caffeine, unsweetened		

Iced chai*		\$3.75
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Chai latte*	\$3.75	\$4.50
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Hot tea		\$1.50
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SEE CASE FOR OTHER OPTIONS

Coffee

BELLA ROSA COFFEE COMPANY Organic • Fair Trade

Regular & Decaf Available	12 oz	16 oz
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Drip	\$2.00	\$2.50
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Americano	\$2.50	
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Latte	\$3.50	\$4.00
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Mocha	\$4.00	\$4.75
with house-made chocolate syrup		

Extra Shots		\$0.50
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Milk (whole, 2%, non-fat), almond milk or coconut milk

MONDAY TO FRIDAY FROM 8 AM TO 2 PM
ORDER BY PHONE FOR PICK UP 707-829-5833 EXT. 340

View our menu online at www.ceresproject.org/Cafe

Questions? Contact Cole at cole@ceresproject.org

Address: 2447 SUMMERFIELD RD., SANTA ROSA, CA 95405

Our Organic Local Suppliers

Clover Sonoma
Gourmet Mushrooms
Alive and Healing
Straus Family Creamery
Bella Rosa Coffee
Red Bird Bakery

Petaluma
Sebastopol
Windsor
Petaluma
Santa Rosa
Santa Rosa

eggs • **D**
mushrooms • **D**
tempeh
dairy • **D**
coffee
artisan bread

D = donated